



LIFT Plus

Independent Travel Training

The National Star College is pleased to announce the development of LIFT Plus Independent Travel Training programme. LIFT Plus is an innovative new project working in partnership with Gloucestershire County Council, the Youth Offending Service, Youth Crime Prevention Service and Connexions in Gloucestershire.

Who we work with:

It is the aim of the LIFT Plus to promote independent travel for people aged 10-25 years who do not necessarily have a disability but are at risk of becoming NEET (Not in Education, Employment or Training) or who are already NEET, as well as other vulnerable young people including young offenders. The project will support young people to engage with positive activities, training providers, education and occupation with a rolling programme offered on a personalised basis.

Outcomes:

- Increase social inclusion
- Increase access to employment and training opportunities
- Increase attendance to education
- Assist in reintegration of those absent from school
- Raise expectations and enhance future prospects
- Reduce offending and re-offending
- Reduce the need for the individual to use costly transport
- Increase confidence
- Increase road safety
- Increase personal safety

How does the travel training work?

Each individual will have a personalised travel training programme developed according to their needs. The individual will practice an identified transport route on a 1:1 basis with a trained travel mentor. The most suitable model of delivery will be identified e.g. intensive daily training or at agreed times over the course of several weeks.

Support will be given on developing confidence, road safety, personal safety, handling money, reading timetables, as well as other objectives related to the individuals travel needs.

The LIFT project will prove to be the turning point in many people's lives as they will have the opportunity to access community, social and employment options previously not open to them.

If you would like more information about any of the LIFT programmes, please visit our website www.liftproject.co.uk or contact the Team on 01242 527631.